R.I.C.H. Outline

OBJECTIVES:

**After this session, participants will be able to:**

* Identify the primary components of Trauma-Informed Practice.
* Utilize the RICH approach to strengthen partnerships with clients.
* Apply two cases to the RICH approach.
* Demonstrate their ability to use the RICH approach on a case.

AGENDA:

* Setting the Stage
* Reminder: What is Trauma-Informed Practice?
* A Trauma-Informed Practice for Strengthening Relationships and Measuring Progress
* Group Work (R.I.C.H Approach)

I.  Trauma-Informed Practice

      A.  Trauma defined

      B.  Trauma revealed

      C.  RICH model

            1.  Respect

            2.  Information

            3.  Connection

            4.  Hope

II.  RICH model

      A.  Strengthen partnerships

      B.  Develop connections

      C.  Provide (appropriate trauma-informed) services

      D.  Improve quality

III.  RICH scenarios

IV. Applying the RICH model

***Respect***

Trainees will work with trainer, learning the tone, body language and the responsibilities of respecting clients.

***Information/Individuality***

Trainees will work within the R.I.C.H. manual and with trainer to develop a trauma informed practice to serve clients as individuals understanding the need to gather the accurate information from clients.

***Connection***

Trainees will work with trainer and peers to perform effective ways to connect clients (through group work and role play).

***Hope***

Trainees will work with trainer and peers to develop effective ways to continue to believe that there is hope no matter what it looks like.