



Collecting Data: Behavior, Lifestyle, and Social Validity

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DATA . . .



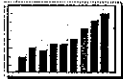
**IS NOT JUST
ANOTHER
FOUR LETTER
WORD!**



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Why collect data?



- o Insure consistency in identifying behaviors
- o Verify the scope and severity of the problem
- o Identify environmental conditions affecting behavior
- o Develop valid hypotheses to guide intervention
- o Monitor and evaluate effectiveness of support plan
- o Insure accountability for support plan implementation

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Selecting the Right Data Collection System

- o Which aspects of the behavior should be captured?
- o What decisions must be made?
- o How long should data be collected?



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Monitoring and Evaluating Outcomes: Changes in Behavior

- o Significant reduction in target behaviors
- o Demonstrable acquisition of adaptive skills
- o Positive collateral effects
- o Absence of side effects
- o Reduced need for crisis intervention procedures
- o Evidence of behavioral change across settings, circumstances, and over time
 - Generalization and maintenance



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Iowa PBS Data Collection Forms

- o [PBS Data Collection1.doc](#)
- o [PBS Data Collection per occurrence1.doc](#)

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Monitoring and Evaluating Outcomes: Broader Lifestyle Changes

- o Integration in community settings
- o Expansion of social relationships
- o Competence and independence
- o Involvement in meaningful activities
- o Personal satisfaction and autonomy
- o Self-determination



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Two Tools to Consider

- o [Activities Assessment Instrument.xls](#)
- o [SNAF Instrument.xls](#)

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